

JANUARY

INTERNATIONAL SCHOLARLY EXCHANGE PROGRAM

Date: 24-01-2018

Venue: St. Britto's Academy

A team of Delegates from Taiwan comprising of a professor and six graduate and post graduate students who had come from National Taiwan University visited St. Britto's Academy on Wednesday, the 24 January 2018. They were given a warm traditional welcome by the students, who were guided by the teachers of the Tamil Department. The highlight of the welcome according to the Tamil culture was garlanding, offering sandal paste , parivattam , kolam and floral carpet with the beats of the traditional music. A display of various stunts of martial arts was organized as a part of welcoming the guests . A one act play from Silapadigaram was staged by the students of class 2.

The students entertained the guests by rendering a Tamil dance depicting the celebrations of Pongal, which is the harvest festival of Tamil Nadu. The guests also joined the students. The delegates gave a brief introduction about the purpose of their visit to India .The Head boy ,Head girl and the members of the students council shared their experiences about the school . The delegates visited the classrooms and greeted the students. They were also briefed by the Principal Mrs. Mary Vasanthakumari about SEEK, an NGO founded by Mrs. Vimala Britto, the Correspondent of St. Britto's Group Of Institutions.



The team comprised of the following members

Professor CHIEN, Shiu-Shen obtained his PhD degree from London School of Economics and Political Sciences, and now is a Professor in Development Geography.

HSU, Hui-Ting is graduated from the department of Anthropology at National Taiwan University. Her study focus on community-based conservation and corporate social responsibility.



MR. TANG, Li-Cheng is graduated from National Taiwan University (NTU). His study focuses on climate change and sustainable development program.

LIN Meng-Hui, graduated from the National Taiwan University (NTU) with a Bachelor Degree in the Department of Bioenvironmental Systems Engineering.

LIN, Kun-Hsien, is graduated from National Chengchi University with a Bachelor Degree in the Department of Political Science.

CHEN, Guan-Fu, is an undergraduate with major in Geography at National Taiwan University.

LIN, Cheng-En, is graduated from National Ilan University with a Bachelor Degree in the Department of Electrical Engineering.



ENVIRONMENT DAY – SAVE NATURE (GREEN COLOUR)

Date: 25.01.2018

Venue: SMR Hall

Time: 09:30 - 11:00 am

Main Objectives:

- To inculcate the habit to Conserve our Nature.

Programme Agenda:

Prayer song

Bible reading

Prayer

Thought for the day

Speech on Colour of the day (Green)

Speech on Theme (Save Nature)

Action Song

Speech about Objects related to colour Green

Dance performance

Vote of thanks

School Song

The Department of kindergarten of St. Britto's Academy celebrated Green day with the theme 'Save Nature' on 25-01-2018. The children came dressed up in Green colour. The day's programme started with the prayer song followed by Bible reading and prayer. Children of LKG 'C' delivered an amazing speech about the theme 'Save Nature' and Green colour. They presented a wonderful dance performance and entertained everyone. The day's programme ended with the school song.



REPUBLIC DAY PARADE

Date: 26.01.2018

Venue: Marina Beach



About 10 students of Scouts and guides of our school participated in Republic Day Parade at Marina Beach on 26.01.2018.



FEBRUARY

INTERACTIVE SESSION WITH THE STUDENTS

Date: 01-02-2018

Venue: SMR Hall

Mrs. Vimala Britto , the Secretary and Correspondent of St. Britto's Academy addressed the students of classes X, XI & XII in an interactive session on 1.2.2018 before the commencement of their Board Exam. She started her address questioning them the purpose and course of action of their coming together for the session. She reiterated the point that she is not there to advice them, but to listen to them and to communicate with them. She also shared with the students the important mile stones in the life of JACKMA, founder and CEO of Alibaba.com, a wing of Chinese e-Commerce.



Her Words of Reflection :

- What you study from text books and in class room is only 10%.
- Relate your learning to be applied to Practical Utility.
- The methodology applied for learning is very important.
- We need to be ready always to accept change.
- Try to look at the difference, but never compare.
- Love yourself and love others
- Accept that you are unique.
- Believe in yourself to be happy and confident.
- Don't think about what others will think about you. Live your life.
- Intelligence Quotient (IQ) and Emotional Quotient (EQ) are needed to lead a successful life, but Love Quotient (LQ) is very pivotal to live and achieve.
- Understand the difference between desire and
- You Cannot achieve anything without consistent efforts.
- Take sufferings and obstacles in a positive sense , as it equips you to go to the next
- Self- Confidence is an essential prerequisite to take up challenges.
- Stand for your thoughts.

She concluded the session by telling them to make judicious use of time , take care of their health and approach the board exams with confidence and not with stress and fear.

Date: 02.02.2018

Venue: SMR Hall

Timing: 11.00am -12.30pm

St. Britto's Academy celebrated the mass for St. John De Britto, the Patron saint of the school on 2nd February 2018 and special prayers were offered for Class X and XII students who are appearing for their board exams.

The Correspondent participated in the mass.

Rev. Fr. Lawrence and Rev Fr. Joseph Victor celebrated the mass. Fr. Joseph Victor who is a psychologist gave the tips to the students regarding the memory techniques for exam preparation. He also encouraged the students to create the key points for all the answers and also told them to relate the difficult words with familiar things, so that they can easily recall during the exam time. He also advised the students not to get tensed or worried during the exam.

Rev. Fr. Lawrence congratulated the Correspondent, Principal, Vice Principals, teachers and students for achieving the **THE TOP CBSE SCHOOL AWARD** and felicitated the Correspondent with a shawl and bouquet.

The students generously offered during mass offertory which were later on distributed to the poor and needy students who attend night school.



The Correspondent addressed the students and motivated them to love and respect one another, be grateful to their parents and teachers and to apply their knowledge to real life situations. She distributed pens to the students appearing for the board examination and wished them success.

MADRAS UNIVERSITY VISIT

Date: 03.02.2018

Venue: Madras University



INTERNATIONAL COLLABORATION - On the 3rd of February 2018, 46 students of grade 11 attended a seminar in the University of Madras to understand the virtues like responsibility and Prevention and Victims Care through Garden of Peace and People's University in association with SEEK and SBA on promotion of NGO collaborations between India and Taiwan.



EXTENSION EDUCATION by STUDENTS OF ST.BRITTO'S ACADEMY

Date: 15.02.2018

STUDENTS OF ST.BRITTO'S ACADEMY conducted "Believe You can" Competitions for students of village schools in Kancheepuram District on 15th February 2018 in association with SEEK foundation, our NGO. About 9 to 10 children belonging to Std. IX and V accompanied by staff of the school, actively engaged themselves in the programme to commemorate the SEEK Founder's day.



Government run primary schools were visited earlier to find the needs of the students and the schools. From the survey, the primary schools functioning in Chinnalampadi, Edambadur, Palleswaram, Pulipakkam and Maruthuvapadi were selected. Around 200 students studying in the 5 schools were given school bags along with all the stationary items and a hygiene kit containing toiletries. These were distributed by the students of St. Britto's Academy.

Students also planted saplings in Palleswaram School, where all the trees were uprooted during the cyclone.

Further, Speech, Coloring, Drawing, Essay writing, Handwriting, Competitions were conducted by the

CHILD DEVELOPMENT PROGRAM THROUGH BYC COMPETITIONS IN PRIMARY SCHOOLS					
UMMAL MUDIYUM					
CHILD DEVELOPMENT	CHINNALAMBADI	EDAYABUDUR	PALESWARAM	PULIPAKKAM	MARUTHAM COLONY
STAFF INCHARGE	MRS.SIVARANJINI	MRS. UMA MAHESWARI	MR. KAMESH	MRS. PREETHI	MRS.PUNITHA
	MR.VENKATESH	MRS. JEYAKSHMI	MRS. JEYANTHI	MRS. BHUVANESHWARI	MRS. BENITA
STUDENTS OF STD IX	JEROLD	SARVESH	DHANUSH	VISHAL	RUCHITA
	THEJU	NEHARIKA	TAMIL SELVI	SUHAS	BARANI SAI
				RAMAKRISHNAN	
	ARSHIA	JERUSHA	CHANDINI	SHIYAM A RAJ	MICHELLE
STUDENTS OF STD V	SHINY	RITHIK GOVIND	PRAMIKA	NAGA DARSHAN	KRITHIKA
	CLAUDINE	PAVITHRA	SUDHIR	HARSHIKA	PRIYADARSHINI
	NAGADEEPAN	DHARSHINI	MELVINA	VIVIAN	SARAVANAN
	ROHAN	RITANYA	PON VIGNESH	KEERTHANA	AARYA
	JOSUA DANIEL	NAVIN	NIYASIYA	JOSELIN	DHASHWANTH
	TARAN SRIKANTH				

students and prizes were given to the winners of the competition. This made the village school students confident of their talents. This activity was done in accordance with "BELIEVE YOU CAN" which is an annual competition for Chennai city schools conducted through SEEK to identify and nurture the talents and the skills of young learners and encourage them to reach greater heights. Learning materials were distributed for the schools. The Head Master / Mistress, teachers and students of the schools appreciated the initiative of seek foundation in providing Charts, Books, Note Books, exam pads, Mats, Educational DVDS and stationary items to make learning more easier and interesting.

Students were able to understand vulnerability and responded with empathy. The value of caring and giving to the needy were joyfully practiced.

EXCURSION

- i.** Arignar Anna Zoological Park also known as the Vandalur Zoo is a zoological garden located in Vandalur.
- ii.** Major exhibits are Tiger, Leopard, lion, Wild dog, Lion tailed macaque, Nilgiri langur, hyena, Jackal, Blackbucks, Indian bison, Spotted deer, Crocodile snakes and water birds etc.



LEARNING OUTCOME:

- ❖ The students learnt about the various animals, birds and reptiles.
- ❖ A wide variety of monkeys and birds were there besides other animals.
- ❖ Children enjoyed seeing the animals, birds and aquatic animals with their friends.
- ❖ The students enjoyed Lion Safari and they saw a variety of snakes and tigers.
- ❖ The students learnt about the importance of forest and the wild life habitat.
- ❖ Children enjoyed a lot by singing and dancing with their friends and teachers while returning.
- ❖ They learnt values like,
- ❖ Adjustment and Discipline
- ❖ Caring and Sharing
- ❖ How to treat animals and Importance of conserving forest



EXCURSION

CLASSES II & III

DATE : 17.02.2018

PLACE : DAKSHINA CHITRA



Nearly 220 children of classes II and III went to Dakshina chitra on Saturday the 17th of February 2018 accompanied by 9 teachers and 3 P.T masters. Dakshina chitra is a living- history museum in the Indian state of Tamil Nadu, dedicated to south Indian heritage and culture. It has a collection of 18 authentic historical houses with contextual exhibitions in each houses. Children saw different types of south Indian houses. A variety of antique household items which are not used nowadays were kept as exhibits to be viewed. They enjoyed the puppet and the magic show . They had a wonderful time travelling in the bus, dancing and singing with their friends. All the students enjoyed the lunch provided. They returned back to school around 4.30 pm. On the way they had refreshment. Children had lot of fun and entertainment throughout the day.

FAMILY DAY

Date: 17.02.2018

Venue: SMR Hall

Time: 9:30am-11:00am

Main Objectives:

- To know the value of the family.

Programme Agenda:

24. Prayer song
25. Bible reading
26. Prayer
27. Thought for the day
28. Speech – Traditional family
29. Traditional Dance - UKG
30. Action song – UKG (B&C)
31. Panel Discussion - UKG
32. Barbie Dance – LKG A
33. Action song – UKG A & LKG C
34. Crazy Frog Dance – LKG B
35. Kiddies Ramp – PKG, LKG&UKG
36. Fan Dance – LKG
37. Nature Dance – LKG C
38. Action song – LKG (A&B)
39. Speech – Modern family
40. Tiki tiki Dance – UKG A
41. I Like to.... Dance – UKG B
42. Wakka Wakka Dance – UKG C
43. Vote of thanks



The Day's programme started with the prayer song by KG choir followed by Bible reading and prayer. Parents were invited and all children participated in various programme. Compeering for the entire programme was done by the UKG kids. Children of UKG & LKG performed 8 dances on stage with the fabulous costumes which made the parents to enjoy and appreciate. Kiddies Ramp by PKG, LKG & UKG was the highlight of the day. They depicted the traditional costumes of different states of India. Their performance was splendid which made the gathering to sit back and enjoy.

Children of KG sang 3 action songs which enlightened the gathering. Panel discussion by KG children was amazing and was appreciated by many parents. Children of KG delivered a wonderful speech about the families in olden days and in the modern days. Last, but not the least, few children from UKG shared their views about the programme which made all of us happy and feel proud.

The day's programme ended with vote of thanks and school song.

NIIT – DIGITAL ART FEST

Date: 19-02-2018

Venue: SMR Hall



Students of STD VI to VIII participated in 'Digital Art Festival' conducted by NIIT and won prizes. The winners were awarded medals and certificates by the Principal.

SUBJECT TOPPERS – STD VI TO XII



'Subject Toppers' of STD VI to XII were honoured with awards and appreciation by the Principal and Vice Principal Ma'am on 19.02.2018 for their achievement.

STD VI - CANCER DAY

Date: 19.02.2018

Venue: SMR Hall

STD VI presented a special assembly about CANCER DAY on 19.02.2018. The main objectives of the program were:

- To create awareness about the disease.
- To educate students about the key risk factors of cancer since more than 30% of cancer cases could be prevented by modifying lifestyle or avoiding the risk factors.
- To help people recognize the early signs and symptoms of cancer, thus enabling them to seek treatment at an early stage.



The program commenced with a Prayer song, followed by Bible reading and a Prayer to invoke God's blessings to commemorate the occasion. A brief presentation about the types of cancer which is prevailing all over the world was expressed by the students through PPT to give a holistic idea about cancer. A special inspirational song was sung by our choir based on the fight against cancer. A motivational video was screened to the students how to support such cancer patients by a way of love, patience and care. Thereafter, Our Principal Mrs. Mary Vasantha Kumari addressed the gathering with her motivating and inspiring message that educated the students how to handle the disease with caution and foresight. The program ended smoothly with Vote of thanks followed by the National Anthem.

SPORTS DAY-SMASH '2018'

Date: 23-02-2018

Venue: MIT

Time: 2.30 pm

Main Objectives:

- Enable the students to understand the importance of sportsmanship and induces leadership, unity and competitive spirit.
- To discover the inner talent of a child in the field of sports.

Agenda of The Programme:

- Prayer
- Flag Hoisting
- Kg Parade
- March Past
- Welcome Speech
- Annual Report By Hod Of Physical Education
- Address By Correspondent
- Zumba Dance – I & II
- Track Events
- Karate Demo
- Mass Drill – Iii To V
- Minor Games – Kg, I & II
- Vote Of Thanks



St. Britto's Academy organized Annual Sports Day Meet-Smash 2018 for classes' kindergarten to V on 23rd February, 2018 at MIT ground, Chromepet. 1000 students participated in the customized and fun-filled track and field events.

The programme began with the welcome ceremony of the Chief guests, Mrs.Vimala Britto, Founder and Correspondent of St.Britto's Group of Institutions, Mr. Manoj, Paralympic Champion and Ms.Samitha, National Squash Player.

To invoke God's blessings for the day, Ms.Joanna of Class V D lead us in prayer. The Sports Day was inaugurated by hoisting the Institution Flag by Mrs.Vimala Britto followed by the sports flag hoisted by Principal.

The tiny tots of KG were dressed as Nobel laureates and reminded us the fact that nothing is impossible when we start believing in ourselves. The Mars House students were dressed up as Noble Prize Winners, Jupiter House represented Magsaysay awardees, Venus House represented Bharat Ratna awardees and Mercury House

represented Arjuna awardees.

March Past was led by the procession of prefects and members of four houses with the house flags carrying the motto.

Our Correspondent Mam ignited the Olympic torch and was received by S.Ashok of class V C followed by the achievers of the year in the sports field. This was followed by the oath taking.

Mr.Venkatesh, the Head of the department of Physical Education presented the annual sport report for the academic year 2017-18.

Mrs.Vimala Britto addressed the gathering and congratulated the participants. She highlighted that parents are not encouraging the students in the field of sports when they grow up and insisted them to do so which will help the students in the future.

Zumba Dance, a fitness exercise program performed by class I and II with energetic music was a feast to our eyes. It culminated in the formation of Olympic rings highlighting the physical fitness.



Then the much awaited track events started for classes I to V. As the budding athletes of St.Britto's Academy reached the finishing line, the ground reverberated with enthusiastic cheers from the spectators.

The highlight of the day was the Mass drill performed by students of Classes III to V. The students showcased impressive displays with synchronization and formation. They formed the hands holding our mother planet and spread the message "Save Water to Save Earth".

Minor games were conducted for Kindergarten, I and II students

Vote of thanks was proposed by Melvina of Class V C.

The program was concluded with National Anthem.

“Each day holds a surprise. But only if we expect it – can we see, hear or feel it when it comes to us .Let not be afraid to receive each days surprise. It will open a new place in our heart, a place where we can welcome new friends and celebrate more fully our shared humanity.”

SYNERGY 1997 -2018

Branches spread! Yet, our roots remain as one.

25th February 2018, was an exceptional moment for Brittoians . Grand reunion of our alumini from the batch year 1997, fetched together the students and the alumini, not just in the premises of the Institute but also facilitated to unite the alumni and students at a very personal level and ensure long term interaction and strong bonding thus proving to be extremely beneficial to both the students as well as the alumni.

Honorable correspondent, Respected Principal, Vice principals, teachers and distinguished alumni from different sectors merged their experience, enthusiasm and excitement which renewed camaraderie during the reunion and reminisced the impressions down the memory lane.

Over view of SYNERGY 2018 was proposed by Mrs. Joan Rajesh; senior vice principal.



It was indeed a privilege for the alumni to share their experience of outside world, their success stories, exactly how and what the school has turned out for them.

St.Britto’s has always retained wide considerations in molding the students as global citizens.

The inspiring video of Alibaba Founder “Jack MA” was presented and was further interacted by Mrs. Vimala Britto, the correspondent.

A short video presentation on “St. Britto’s Evolution” aided the alumni to notice the changes and developments ensued in the course of time.

The aura of ecstasy, joyfulness and gratification filled the auditorium, like the mellow rays of the departing sun. It falls tenderly, yet gloomily on the heart. Candid flashes of this ideal gathering would always linger in our minds forever.

GUINNESS WORLD RECORDS

Date : 27.02.2018

Venue: St.Britto's College

St. Britto's Group of Institutions comprising of St. Britto's Academy, St. Britto's Matriculation and St. Britto's College entered into the Guinness World Record by creating the largest human image of the most students making universally accepted logo of Wheel Chair Accessibility to spread the message "CARE FOR THE DISABLED" at St. Britto's College on 27th February 2018 at 10 am. A total number of 816 students aged between 10 and 21 dressed in white t-shirt and cap belonging to the three Institutions took participated in the event. The entry was censured by the ticket stubs at the entry point. The students of the Institution took an oath to protect and provide care for the disabled. On this occasion, Wheel Chairs were donated to the differently abled from Don Guanella School for special Children by Mrs. Vimala Britto, Correspondent of St. Britto's Institution. The Guests of the day was Ms. Madhavi Latha, President of Indian Wheel Chair Basketball Federation. She appreciated the efforts of the Students, Staff and the Management for sowing noble thoughts in the minds of the young generation making them an instrument in contributing positively to the society. The event was witnessed by Dr. Sivakumar, Orthopedic surgeon from Adhiparasakthi Medical College and Mr. Lenin Samuel , Notary Public , Madras High Court. The Core message was to spread love and concern for the physically challenged and preparing the younger generation to be empathetic towards the differently abled people. Through SEEK Foundation, An NGO the potential of Mr. Manoj the Para-Olympic Champion was identified and provision has been made for sponsorship. Through this foundation, 20 villages in and around Chengelpat was identified to provide facilities for skill development, Capacity Building to educate, empower and bring opportunities closer to them for development.



ASIA BOOK OF RECORDS

Date: 27.02.2018

Venue: St. Brittos Academy

St. Britto's Academy entered into the Asia Book of Records by creating the largest human image of the most students making hands formation for holding our Mother Planet, to spread the message – **SAVE WATER TO SAVE EARTH**, the underlying concept being 'Greening the Blue' on 27th February 2018 at St. Britto's Academy, Velachery, Chennai – 42 at 2 pm wearing color T. shirts and caps. A total number of 425 students of Classes III to V aged between 7 and 10 years of the school created the image. The core message spread and the awareness created is Pivotal in the present Scenario, to prepare



the human race to contribute solutions for the burning challenges like pollution, Environmental

Degradation, Water Scarcity, Ozone Depletion, Global Warming, Climate Change Etc. The children

took an oath to preserve "Mother planet - Earth". The Guest of the day was Mr. Charles Lee, Director –General, Taiwan Consulate. The event was

witnessed by Mr. Lenin Samuel, Notary Public, Madras High Court. The Correspondent of the School, Mrs. Vimala Britto insisted that the students should practice positive strategies towards constructive solutions to alleviate environmental concerns. Saplings were also donated to the public.



MARCH

PRIMARY ACHIEVEMENTS, 2017-18

Date: 01.03.2018

Venue: SMR Hall

A dream becomes a goal when action is taken towards its achievement. The starting point of all achievement is desire. St.Britto's Academy has not left any occasion to create aspiration among its students. 1st March 2018, was a significant day for the students and teachers of the primary wing. The school auditorium was filled with the aura of pride and excitement.

Students of classes 1 to 5 assembled for the distinct moment.

Achievers in various domain of learning which incorporated academics, sports, Olympiads and digital art were felicitated by the Principal and the Vice principals of the institution. Subject toppers were declared by the academic coordinators. Achievers in Digital art and sports were declared by the department heads.

Massive moment of pride and appreciation gratified the teachers and the students with boundless bliss of fulfilment.

Name of the students /class	Olympiad toppers
Jai Varadan N.S of class I	Gold in iOM, International Olympiad of mathematics.
Vanamali Sphurthi of class II	Gold in iOM, International Olympiad of mathematics.
Aysha Sanian of class I	Gold in iOEL, international Olympiad of English Language.
Shreenithi .N of class II	Gold in iOEL, international Olympiad of English Language.
Roshan Kumaar .U of class I	Gold in iOS, International Olympiad of Science.
Kishanth.S of class II	Gold in iOS, International Olympiad of Science.





Name of the students /class/House	Subject Achievers (Academics)
Sherwin Benedict of Class III, Venus house	Topmost in Mathematics, Science and Social Studies.
Premalathikka .B of Jupiter & A. Nakul Riddish of Venus house from class IV	Uppermost in Tamil and Hindi
Harshini .P.A of class V, Jupiter house	Apprehended the highest position in English and Tamil.
Melvina Veda Jude of class V, Jupiter house	Topmost position in Tamil and Science.
Hirthic .A of class V, Venus house	Upmost in Hindi and Science



Students posed for the photograph with their medals and certificates as a gesture of appreciation by the Institution.



DISASTER MANAGEMENT

DATE: 14.03.2018

TIME: 2.30 P.M.

VENUE:SMR HALL

BACKGROUND OF THE TALK

A talk on disaster management was planned and proposed to be conducted by the Management of St. Britto's Academy on 14.03.2018. As planned out, it was held on the scheduled day i.e. 14.03.2018.

Initially, the students were introduced to the topic of the day by a simple recapitulation on the concept of what are disasters and how to handle them with caution was briefed by the Mrs.Helena Gokul - Vice Prinicpal Mam, before the arrival of the Chief Guest.

CHIEF GUEST: RTR. TARUN MURUGESH – SLSA;
LIFE GUARD & FIRST AID TRAINER – TAMIL NADU

GUEST OF HONOUR: 1) MRS. VIMALA BRITTO – CORRESPONDENT MAM.

2) ROTARY CLUB TEAM MEMBERS Viz.,

- a) Mr. Balaji Ilamparuthy – Club Secretary
- b) Mr. Sreehari Abhilash – President Elect
- c) Mr. Dilip Raj .D – President
- d) Mr.Suresh Manoharan – Project Chairman
- e) Mr.Varatharajan – Club Incharge

INVOCATION:

The Session began with Tamil Thai Valthu. After that, a moment of silent prayer was invoked in remembrance of the trekking victims of Theni, Madurai District.

WELCOME SPEECH:

The Resource person - Mr.Tarun Murugesh was warmly welcomed and introduced to the gathering by a class 9th std – SBA student, highlighting his Academic skills, his Spectacular achievements in various arena, implausible social work and the laurels he had won till date in the field of being a Life-guard and a First Aid trainer.

WELCOME ADDRESS BY GUEST OF HONOUR:-

Our Beloved Correspondent Mam – Mrs.Vimala Britto gave an inspiring speech and aroused the eagerness and sowed the pulse to the session which was about to pursue then.

PRINCIPAL MAM – INTRODUCING THE GUEST:-

Respected Principal – Mrs. Mary James Mam welcomed the chief guest and handed over the stage to him.

CONTENT OF THE SESSION:

The Chief Guest Mr.Tarun initially started off with Brainstorming session with the students and started to probe them with mind blowing questions such as listed below.

- What is First Aid?
- Why First Aid is so vital?
- Who can offer the First Aid Service and for whom?
- What are the Emergency contact numbers an individual should be aware off?
- What is the appropriate time to call upon an Ambulance?
- What details to be kept ready and disclosed before dialling up an ambulance
- What is meant by the Golden Hour and the Platinum period for the victim to be rescued

MAIN CONTENT:

Mr. Tarun then quickly switched over to the five emergency situations in which First aid can be given by those who are proficiently and emotionally sound to that of the victim.

- Choking
- Bleeding
- Fractures
- Snake Bites
- Fainting and Electrical Shock
- Carrying the victims

FIRST AID EMERGENCY - HIGHLIGHTS:

There are basically 2 types of choking:

- Toddler / Infant Choking (Below the age of 1 year)
- Adult Choking

I. CHOKING:-

- TODDLER / INFANT CHOKING

Items that enable infant choking:

- Infants can gobble up any item which they find on the surface of the floor while they crawl and play like; Coins, Marbles, Vegetables, Banana, Channa Dals, Plastics, Balloons etc.
- Breast feeding mothers - careless mistakes for instance, like sleeping and feeding and sitting on a stool and feeding etc.

Rescue Methodology:

- The Infant must be held with his head and body facing downwards and 5 slaps must be given at the back just few inches below his shoulder and above sternum in upward movement towards the neck without closing the mouth of the child.

Effects of Rescue Methodology:

- The above rescue operation will enable vomiting and this will help the choked particle to gush out at the same instance.
- ADULT CHOKING:

Rescue Methodology:

- Loosen his clothing's at neck and towards his hips so as to keep the adult victim at ease.

- The Adults must be encouraged to cough more vibrantly with few minutes gap in between.
- Request the Adults to open his legs wide enough and then continue coughing.
- The Adult victim must be held from back and pressures must be given to the stomach area.
- Below his/her sternum, the rescue person must clench his fist and press his stomach area 5 times till he starts vomiting.
- Bend him / her against a chair which is placed just below his stomach area.
- Give him/her 5 back slaps just below the neck bone and in upward direction towards the neck.

Effects of Rescue Methodology:

- The above rescue operation will enable vomiting and this will help the choked particle to gush out at the same instance.

II. BLEEDING:

- Generally, it happens due to bike accidents on traffic jammed roads/ highways or even at home, school, office wherein a person happens to carelessly handle or fails to notice sharp objects etc.

Rescue Methodology:

- Before treating the victim ensure whether your hands are clean and preferably wear gloves.
- Wash with tap cold water the bleeding area.
- Dip the cotton or any soft cotton cloth into diluted dettol / savlon and then place it over the bleeding area or on the wound.
- Fold that piece of cloth multiple times and place it on the wound and hold it and tie it up around his neck using a duppatta or any item...which would be more supportive and then raise it above the victims heart level
- For all this one must correctly identify the pressure points between the heart and the wound area.
- Pressure points are of 3 types:
 - Direct pressure
 - Elevated pressure
 - Arterial pressure
 - While tying the bandage, kindly ensure that you start from the bottom of the bleeding area and then rise up to the wound and go little further up and tie up the extra loop using a knot with your Index and middle finger so that the bandage has more grip.

Effects of Rescue Methodology:

- The above rescue operation will enable arresting/reducing the further flow/loss of blood.

III. FRACTURES:

They are of 2 types:

- Closed Fractures
- Open Fractures

How to identify that a bone is fractured?

- Excessive Swelling
- Immovability of ankle/toes

Rescue Methodology:

- Placing your Hand over his / her head is a psychological reassurance to the victim and helps him/her to maintain calmness and gain confidence.
- An external artificial support must be given at the first instance as the person will not be able to walk or move that affected part.
- Use a light weight bottom support material to the fractured area.
- Use Elastic / Pink Colour Roller Bandage as they can comfortably stretch out at our disposal.
 - Wrap it around holding the affected part at right angle position starting to move from down to upward direction and tie up the extra loop using a knot with your Index and middle finger so that the bandage has more grip.
- Further tie it up around his neck using a duppatta or any shoe lace or scarf folded in triangular fashion which would be induce support and less painful to the victim.
- Don't tighten up the bandage lest he will suffer movement.

Effects of Rescue Methodology:

- The above rescue operation will help the bone to be in shape before rushing the victim to the nearby Government hospital for further operation / treatment after diagnosis.

Note:

For open fractures the same methodology as enlisted above is adopted with a slight difference it is a circular shaped bandaging technique that is followed.

IV. HEAD INJURY

- Untoward incidents / major casualty on the roads/ highways can be cited as the reasons for such type of fatal injuries.

Rescue Methodology:

- Take a Cotton cloth or any Soft cloth and fold it multiple times.
- Keep it on the head of the victim whose top head skull is broken.
- Tie a Scarf around that cloth kept on the top of the head.
- Ensure that the scarf wound up around that cloth doesn't cover up the victim's eyes, ears and his jaws area.
- Tie up the extra loop of the scarf using a knot with your Index and middle finger at the back of his head i.e. near neck area so that it has more grip.

Effects of Rescue Methodology:

- The above rescue operation will help the victim in saving loss of blood before rushing the victim to the nearby Government hospital for further treatment.

V. SNAKE BITES

- First must identify whether it is a poisonous / non-poisonous snake bite.

Rescue Methodology:

- Take any cloth and tie it not below or on the bitten area always.
- Tie it above the bitten area.
- Identify whether it is a poisonous / non-poisonous snake bite. This can be done by looking at the 2 holes in the bitten area. Triangular headed snakes are more venomous than round shaped headed snakes.
- If blood colour turns into bluish black then it is a poisonous snake bite, for certain.
- Always rush the patient to a Government Hospital.
- Don't chase to hit the snake or kill it or burn it.
- While tying the cloth, kindly ensure that it is not tightened too much as it allows the poison to spread.



- Allow 2 finger gap space, while tying.
- Above all, don't allow the victim to sleep and avoid all sorts of movement for the victim as poison can spread.

Effects of Rescue Methodology:

- The above rescue operation will help the victim to stay alive before rushing the victim to the nearby

Government hospital for further treatment.

VI. FITS / FAINTING

- When there is electrical imbalance in the brain, FITS and Fainting occurs.

Rescue Methodology:

- Sprinkle water on kerchief and gently wipe the victim's face with damp cloth.
- Avoid directly pour water on victim's face.
- To help the victim and ensure he is regaining conscience, don't tap hard on his cheeks or face. Gently tap on his shoulders. As it can give bad responses to the brain area.
- After the person regains consciousness, give some water with salt and sugar mixed in balanced proportions like 2 table spoons each.
- In the case of Fits, place a cloth between his tongue and teeth, instead of giving iron objects in the victim's hand.

Effects of Rescue Methodology:

- The above rescue operation will help the victim to stay alive before rushing the victim to the nearby Government hospital for further treatment.

MISCELLANEOUS CONTENT:

Then Mr. Tarun taught the carrying techniques of the victim by calling upon SBA students to enact the scene. Many came forward to join in the show.

Then he spoke about DRABC Concept and the CPR methods were enacted using dummy models as how to blow in air pressing the nose of the victim lying him / her flat on the surface and then must give 30 compressions in the sternum area of the victim to regain the victim out of cardiac arrest.

FELICITATION:

One of the Rotary club members felicitated our beloved correspondent mam – Mrs. Vimala Britto with a shawl and then Mr. Tarun – The chief guest of the day was felicitated and gifted with a memento by our Respected Principal Mam – Mrs. Mary James who was in turn felicitated with a shawl by our Correspondent Mam.

CONCLUSION:

- The Students finally sang the National Anthem and dispersed at 4.15 p.m.
- Photo sessions were taken with the chief guest along with our scouts and guides team.
- The entire session was captured and recorded by the Asian College of Journalism - Team Members from Taramani – Mr. Shubham and Ms. Saanika.
- The Program was highly applauded and appreciated by the students and staff members.
- The chief guest spoke with full vigour and relentlessly too throughout the session showing his utmost dedication and commitment to his social work which captured the attention of the gathering.
- It ended off happily and it was highly informative as practical hands on experience were gained by the students and staff.